



**JO FOREMAN,  
PICNIC  
CORNWALL**

Cornwall isn't short of cool cafes, bistros and delis – and one of the best is Picnic Cornwall. Jo Foreman came to Cornwall and bought Picnic after working for almost 20 years in the tech industry for multinational companies. "I had a holiday home in Devon at the time and had always planned to move to Cornwall later in life and when I saw the shop for sale I realised that I did not necessarily have to wait for another 25 years to make the move."

Picnic is all about supporting local suppliers. All of the produce from the ingredients on the menu, to the coffee (Origin) and tea (Tregothnan) to the produce on the deli shelves is Cornish and this is the main ethos of the shop - to provide the highest quality locally sourced produce available.

When not at work, Jo can be found in the Star and Garter enjoying the amazing food, great atmosphere, fabulous view, lovely owners and an excellent ethos or the Wheelhouse where the best sea food in Falmouth and far beyond in really relaxed surroundings. She also recommends Oliver's and Chainlocker. 'I cannot wait for the summer to get the view from the upstairs balcony in the sunshine.'

Gylly is the ideal beach for a quick walk and a swim or head to Nanjizal down west further afield.

'Falmouth is a really unique town in Cornwall but also nationally - the mix of students, locals, people like myself who have moved to Cornwall and tourists make for a really eclectic, vibrant town to live and work and have a business,' says Jo. 'The presence of thriving marine industries based around the docks really enhances this.'

# Experience life on the coast

*Falmouth is a thriving harbour town full to bursting with creative business, boutiques and combining the latest in watersports with the age-old traditions of boatbuilding*

**DAVE COCKWELL, COCKWELLS MODERN & CLASSIC BOATBUILDING LTD**

When you think of boats, many of us think of the beautiful custom luxury motor yachts that Cockwells are so famous for. Dave started Cockwells at Underfall boatyard in Bristol in 1996 with one apprentice. In 2002, having built it up to a dozen people, he made the move to Cornwall. Now they have made Mylor Creek their permanent home and create superyacht tenders, motor launches and sailing yachts.

'Our designs are classically styled but timeless. They are what you would expect a boat to look like. If something is built for a purpose, it will look right, feel right and stand the test of time. Beautiful, well-built things rarely get thrown away and tend to be loved by someone forever.'

So how did it all begin? 'When I was 16, I bought a Falmouth Quay Punt. I decided to keep her where she was built and that is where she has remained. In 2002, my family

and I moved here permanently. My wife's parents live close by and the sailing is much better! There was also a lot more call for my custom boat building skills in Cornwall.

'Boat builders who value the time-honoured skills of the shipwright are in demand here,' he says of Falmouth. 'Falmouth is a great place to live because people are friendly, there is a great sense of community and the sailing is excellent.'

'When running a business, it helps that people are very loyal to Cornwall. I have many clients from London and further afield who will not buy anywhere else.'

His favourite spots include The Cove at Maenporth, The Chain Locker, The Boathouse and The Working Boat in Falmouth.

'For a day out, a favourite is St Mawes, preferably by boat. It always feels like going on holiday.'

